

GOAL 5: The District shall provide other coordinated school health services that support the overall wellness of students, staff, and community members.

Objective 1: The District will provide and promote student, staff, parents, and community wellness events.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The District will provide coordinated school health service information on the School Health Advisory Committee (SHAC) website. • The District will encourage campuses to provide before and/or after school wellness opportunities for staff, students, and the community such as fitness clubs, stress prevention, gardening clubs, etc. • The District will communicate coordinated district health events to students, parents, and the community via the District's webpages. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Staff has access to information about coordinated school health programs <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Objective 2: The District will provide mental health awareness and suicide prevention and intervention strategies to students, staff, and parents.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The campus will provide students with lessons educating them on mental wellness, and how to seek out help and assistance. • The District will encourage and promote campus participation in Mental Health Awareness month. • The District will provide educational opportunities for parents and community members regarding understanding the signs of suicide and how to seek out help and assistance. • The campus will provide mental health awareness and suicide prevention and intervention strategies to students, staff, and parents. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report • Re-evaluate using healthcare claims <p>Resources needed:</p> <ul style="list-style-type: none"> • Suicide prevention program information • Mental health awareness program information • Mental wellness lessons • Mental health assistance program information <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Objective 3: The campus will provide bullying prevention and intervention strategies to students, staff, and parents.

Action Steps	Methods for Measuring Implementation
--------------	--------------------------------------

<ul style="list-style-type: none"> • The campus will provide students with at least three anti-bias or bullying prevention activities each year. • The campus will encourage and promote National Bullying Prevention month. • The campus will promote District-wide participation in various anti-bullying events and programs. • The campus will provide bullying awareness prevention and intervention strategies to students, staff, and parents including procedures for reporting suspected acts of bullying to self and others. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • No Place for Hate Resources • Bullying prevention program resources <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition
--	--

Objective 4: The District will encourage and promote the physical, mental/emotional, and social well-being of employees.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The District will encourage campuses to provide healthy choice programs/initiatives and district-wide Wellness Challenges through the District's Staff Wellness Department. • The District will encourage and offer incentives for participating in healthy choice programs and district-wide Wellness Challenges. • The District will promote district-wide participation in various wellness events in our region or area such as the Light Up the Night walk to end pediatric cancer and Million Mile Month. • The District will provide mental health awareness and suicide prevention and intervention strategies to staff. The district will offer district-based prevention services for all employees such as flu shots, biometric screenings, mammograms and fitness classes. • The District will educate through district-wide communications all free 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report • Health-Care Claims Analysis <p>Resources needed:</p> <ul style="list-style-type: none"> • Staff access to well-being program/initiatives and Wellness Challenge information <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

<p>and confidential services available through the Employee Assistance Program (EAP).The district will provide mental health awareness and suicide prevention and intervention strategies to staff. The district will offer District-based prevention services for all employees such as flu shots, biometric screenings, mammograms and fitness classes.</p> <ul style="list-style-type: none"> • Through district-wide communications, the District will inform all employees about all free and confidential services available through the Employee Assistance Program (EAP). 	
--	--

Objective 5: The District will provide each campus with professional school counselors, physical education teachers, and registered nurses to provide coordinated school health services.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • Each campus will have a full time school nurse (RN). • Each campus will have professional school counselors that meet the student to counselor district determined ratio. • Each campus will have a certified PE teacher to deliver physical education curriculum. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Staffing records <p>Resources needed:</p> <ul style="list-style-type: none"> • Staff access to nurses and campus counselors <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Objective 6: The district will provide students' access to social workers to provide coordinated school health services.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • Campus staff will provide coordination and access to social workers' services. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Staff has access to information about coordinated school health programs <p>Obstacles:</p>

	<ul style="list-style-type: none"> • Access to resources • Staff attrition
Objective 7: The District will offer professional development opportunities that support the implementation of the wellness policy annually.	
Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The District will create professional learning to support the implementation of the wellness policy. • Professional learning to support the implementation of the wellness policy will be made available to all staff. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Current professional development opportunities offered by the Teacher Development Department related to coordinated school health implementation <p>Resources needed:</p> <ul style="list-style-type: none"> • Professional learning opportunities to support the implementation of the wellness policy <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition
Objective 8: The campus will provide and promote student, staff, parents and community wellness events.	
Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The campus will encourage before and/or after school wellness opportunities for staff, students, and the community, such as fitness clubs, stress prevention, gardening clubs, etc. • Campuses will communicate coordinated school health events to students, parents and the community via the campus webpage. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Staff has access to information about coordinated school health programs <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Other School Based Activities Goal 4

